**A logo for a school

Description automatically generatedA logo for a school

Description automatically generated**

**Invasion Games Progression Ladder**

(Games Unit 1 (EYFS), Invasion Games (Y 1/2), Football (Y 3/4), Netball (Year 5), Tag Rugby (Year 6)

Skills

Knowledge

A screenshot of a computer

Description automatically generated

A chart with text and images of people running

Description automatically generated with medium confidence

A diagram of a dance program

Description automatically generated

A screen shot of a chart

Description automatically generated

Games Unit 2 (EYFS), Net and Wall (Y 1/2), Tennis (Y 3/4), Badminton (Y 5/6)

A chart of progress of a ladder

Description automatically generated with medium confidence

A chart with text and images

Description automatically generated with medium confidence

A list of water breathing exercises

Description automatically generated with medium confidence

**Swimming Progression Ladder**

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**Skills**

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**Knowledge**

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A poster of a swimming pool instruction

Description automatically generated with medium confidence

Step 6

Step 5

Step 4

Step 3

Step 2

Step 1

**Outdoor & Adventurous Progression Ladder**

**In Key Stage Two, children will engage in activities on residential trips and upon Fowey River. Their knowledge and skills will progress following these steps:**

A screenshot of a computer

Description automatically generatedA screenshot of a computer

Description automatically generated

Step 4

Step 3

Step 2

Step 1